

| RNG | STNR | NAME | VORNAME | VEREIN | AK | AK_PL | GES_ZEIT | SWIM | Rg | RAD | Rg | LAUF | Rg |
|-----|------|-----------------|------------|--------------------|------|-------|----------|----------|----|----------|----|----------|----|
| 1 | 1 | Leder | Lothar | TuS Griesheim | TM30 | 1 | 02:04:30 | 00:20:01 | 2 | 01:08:39 | 1 | 00:35:50 | 1 |
| 2 | 2 | Schmoll | Daniel | TuS Griesheim | TM20 | 1 | 02:09:15 | 00:19:13 | 1 | 01:12:50 | 3 | 00:37:12 | 2 |
| 3 | 28 | Döring | Peter | SC Meißner | TM30 | 2 | 02:16:06 | 00:25:50 | 20 | 01:12:22 | 2 | 00:37:54 | 4 |
| 4 | 7 | Begic | Josip | Tri-flow Bad Endb. | TM20 | 2 | 02:16:41 | 00:21:30 | 3 | 01:17:00 | 15 | 00:38:11 | 6 |
| 5 | 16 | Kröll | Thomas | TG TRIA Rüsselsh. | TM35 | 1 | 02:16:58 | 00:23:45 | 10 | 01:13:53 | 5 | 00:39:20 | 10 |
| 6 | 167 | Schulz | Jan | Bundespolizei | TM20 | 3 | 02:17:17 | 00:26:16 | 26 | 01:13:31 | 4 | 00:37:30 | 3 |
| 7 | 165 | Heinsohn | Sascha | Bundespolizei | TM30 | 3 | 02:18:58 | 00:24:42 | 16 | 01:16:08 | 11 | 00:38:08 | 5 |
| 8 | 178 | Schmidt | Martin | Bundespolizei | TM35 | 2 | 02:20:50 | 00:25:51 | 21 | 01:14:56 | 8 | 00:40:03 | 12 |
| 9 | 18 | Klement | Thomas | SC Neukirchen | TM35 | 3 | 02:21:01 | 00:24:54 | 17 | 01:17:18 | 17 | 00:38:49 | 7 |
| 10 | 177 | Mahlmann | Burkhard | Bundespolizei | TM35 | 4 | 02:22:03 | 00:00:00 | | 01:39:21 | 81 | 00:42:42 | 23 |
| 11 | 168 | Knedel | Dirk | Bundespolizei | TM30 | 4 | 02:23:11 | 00:23:51 | 12 | 01:20:01 | 23 | 00:39:19 | 9 |
| 12 | 17 | Wolf | Carsten | VFL Bad Arolsen | TM35 | 5 | 02:23:13 | 00:26:11 | 24 | 01:14:06 | 6 | 00:42:56 | 24 |
| 13 | 162 | Mannweiler | Daniel | Bundespolizei | TM25 | 1 | 02:23:31 | 00:26:21 | 31 | 01:15:50 | 9 | 00:41:20 | 18 |
| 14 | 4 | Möller | Uwe | Trianhas Arolsen | TM40 | 1 | 02:24:03 | 00:23:44 | 8 | 01:17:08 | 16 | 00:43:11 | 25 |
| 15 | 151 | Schmidt | Heiko | Bundespolizei | TM30 | 5 | 02:24:26 | 00:24:17 | 15 | 01:16:44 | 13 | 00:43:25 | 28 |
| 16 | 154 | Uschold | Wolfgang | Bundespolizei | TM25 | 2 | 02:24:38 | 00:27:42 | 38 | 01:14:36 | 7 | 00:42:20 | 22 |
| 17 | 13 | Stache | Heiko | SC Neukirchen | TM25 | 3 | 02:25:50 | 00:23:06 | 6 | 01:18:45 | 20 | 00:43:59 | 33 |
| 18 | 171 | Leichte | Rudolf | Bundespolizei | TM40 | 2 | 02:26:12 | 00:26:17 | 27 | 01:16:43 | 12 | 00:43:12 | 26 |
| 19 | 158 | Heilmair | Michael | Bundespolizei | TM35 | 6 | 02:26:54 | 00:31:11 | 54 | 01:16:46 | 14 | 00:38:57 | 8 |
| 20 | 161 | Budach | Steffen | Bundespolizei | TM30 | 6 | 02:27:04 | 00:28:33 | 46 | 01:18:29 | 19 | 00:40:02 | 11 |
| 21 | 159 | Rauch | Enrico | Bundespolizei | TM30 | 7 | 02:27:20 | 00:26:28 | 32 | 01:16:05 | 10 | 00:44:47 | 39 |
| 22 | 82 | Leder | Nicole | | TW30 | 1 | 02:30:01 | 00:23:44 | 8 | 01:25:33 | 39 | 00:40:44 | 15 |
| 23 | 182 | Hanke | Jörg | Bundespolizei | TM35 | 7 | 02:30:19 | 00:25:45 | 19 | 01:23:55 | 32 | 00:40:39 | 14 |
| 24 | 181 | Schirnack | Andreas | Bundespolizei | TM35 | 8 | 02:30:38 | 00:27:54 | 43 | 01:21:50 | 25 | 00:40:54 | 16 |
| 25 | 160 | Fleischmann | Michael | Bundespolizei | TM35 | 9 | 02:32:10 | 00:24:04 | 13 | 01:24:07 | 34 | 00:43:59 | 33 |
| 26 | 152 | Wagner | Andreas | Bundespolizei | TM20 | 4 | 02:32:35 | 00:26:18 | 28 | 01:17:44 | 18 | 00:48:33 | 59 |
| 27 | 19 | Kessler | Markus | Tia Seligenstadt | TM30 | 8 | 02:32:41 | 00:26:19 | 29 | 01:22:03 | 26 | 00:44:19 | 36 |
| 28 | 12 | Dierks | Arne | | TM40 | 3 | 02:32:56 | 00:23:07 | 7 | 01:26:08 | 42 | 00:43:41 | 32 |
| 29 | 21 | Flüchter | Michael | TuS Frittlar | TM35 | 10 | 02:33:06 | 00:26:04 | 23 | 01:21:39 | 24 | 00:45:23 | 44 |
| 30 | 29 | Wies | Jürgen | TG Tria Rüsselsh. | TM30 | 9 | 02:33:33 | 00:27:28 | 35 | 01:23:54 | 31 | 00:42:11 | 21 |
| 31 | 176 | Tonn | Mathias | Bundespolizei | TM40 | 4 | 02:34:05 | 00:29:16 | 51 | 01:23:27 | 30 | 00:41:22 | 19 |
| 32 | 33 | Saldsieder | Dirk | DLC-Aachen | TM35 | 11 | 02:35:39 | 00:27:24 | 33 | 01:25:00 | 38 | 00:43:15 | 27 |
| 33 | 174 | Perlebach | Andreas | Bundespolizei | TM35 | 12 | 02:36:00 | 00:33:16 | 65 | 01:19:07 | 21 | 00:43:37 | 30 |
| 34 | 52 | Smolka | Ulf | | TM25 | 4 | 02:36:18 | 00:28:35 | 47 | 01:24:05 | 33 | 00:43:38 | 31 |
| 35 | 69 | Kowollik | Karl-Heinz | TSR-Olympia-Wilh. | TM45 | 1 | 02:37:03 | 00:25:57 | 22 | 01:25:56 | 41 | 00:45:10 | 41 |
| 36 | 175 | Klas | Michael | Bundespolizei | TM40 | 5 | 02:37:37 | 00:31:43 | 57 | 01:24:53 | 37 | 00:41:01 | 17 |
| 37 | 11 | Leiblein | Klaus | SV05 Würzburg | TM45 | 2 | 02:37:58 | 00:23:04 | 5 | 01:27:25 | 46 | 00:47:29 | 56 |
| 38 | 20 | Nolte | Henrik | Radsport Kreuch | TM30 | 10 | 02:38:21 | 00:28:55 | 49 | 01:22:55 | 27 | 00:46:31 | 50 |
| 39 | 34 | Röder | Christian | TuS Griesheim | TM40 | 6 | 02:38:30 | 00:27:27 | 34 | 01:25:52 | 40 | 00:45:11 | 42 |
| 40 | 14 | Rumbler | Olaf | SV-Gelnhausen | TM25 | 5 | 02:38:50 | 00:27:43 | 39 | 01:23:10 | 29 | 00:47:57 | 58 |
| 41 | 164 | Scholze | Martin | Bundespolizei | TM25 | 6 | 02:39:04 | 00:30:01 | 53 | 01:23:03 | 28 | 00:46:00 | 46 |
| 41 | 166 | Mendrok | Lars | Bundespolizei | TM25 | 6 | 02:39:04 | 00:29:37 | 52 | 01:27:28 | 47 | 00:41:59 | 20 |
| 43 | 81 | Kress | Rebecca | TuS Griesheim | TW20 | 1 | 02:39:32 | 00:23:48 | 11 | 01:29:43 | 55 | 00:46:01 | 47 |
| 44 | 185 | Deufel | Corinna | Bundespolizei | TW25 | 1 | 02:39:39 | 00:27:50 | 41 | 01:24:30 | 36 | 00:47:19 | 53 |
| 45 | 180 | Windmüller | Uwe | Bundespolizei | TM35 | 13 | 02:39:58 | 00:35:11 | 77 | 01:24:21 | 35 | 00:40:26 | 13 |
| 46 | 9 | Gaulke | Dietmar | TV Windecken | TM40 | 7 | 02:42:34 | 00:26:12 | 25 | 01:28:59 | 53 | 00:47:23 | 55 |
| 47 | 74 | Wagner | Gerhard | TSV Kirchhain | TM45 | 3 | 02:42:57 | 00:27:29 | 36 | 01:30:50 | 60 | 00:44:38 | 38 |
| 48 | 30 | Ammermann | Michael | TG Hanau | TM40 | 8 | 02:44:15 | 00:28:28 | 45 | 01:28:27 | 50 | 00:47:20 | 54 |
| 49 | 183 | Vinzelberg | Friedhelm | Bundespolizei | TM45 | 4 | 02:44:46 | 00:31:16 | 55 | 01:28:57 | 52 | 00:44:33 | 37 |
| 50 | 153 | Matthias | Henry | Bundespolizei | TM25 | 8 | 02:45:35 | 00:32:11 | 59 | 01:27:22 | 45 | 00:46:02 | 48 |
| 51 | 163 | Rothenberger | Holger | Bundespolizei | TM30 | 11 | 02:45:50 | 00:34:16 | 73 | 01:19:26 | 22 | 00:52:08 | 71 |
| 52 | 86 | Wisser | Claudia | DLC-Aachen | TW35 | 1 | 02:46:31 | 00:25:27 | 18 | 01:33:53 | 66 | 00:47:11 | 52 |
| 53 | 32 | Müller | Jens | | TM30 | 12 | 02:46:57 | 00:32:45 | 61 | 01:26:39 | 44 | 00:47:33 | 57 |
| 54 | 36 | Markwirth | Manfred | VFL Wolfsburg | TM40 | 9 | 02:47:06 | 00:27:46 | 40 | 01:26:22 | 43 | 00:52:58 | 77 |
| 55 | 50 | Kappes | Peter | TSG Usingen | TM40 | 10 | 02:47:26 | 00:33:18 | 66 | 01:30:39 | 56 | 00:43:29 | 29 |
| 56 | 87 | Böhm | Elke | Fit+Fun Petersberg | TW30 | 2 | 02:48:16 | 00:28:47 | 48 | 01:28:47 | 51 | 00:50:42 | 67 |
| 57 | 173 | Gehrmann | Reinhard | Bundespolizei | TM55 | 1 | 02:49:17 | 00:34:42 | 76 | 01:28:18 | 48 | 00:46:17 | 49 |
| 58 | 43 | Gortzewitz | Sascha | WVC - TriaS Kassel | TM30 | 13 | 02:50:30 | 00:27:30 | 37 | 01:32:44 | 62 | 00:50:16 | 66 |
| 59 | 15 | Hössle | Jürgen | | TM35 | 14 | 02:50:40 | 00:26:20 | 30 | 01:30:46 | 58 | 00:53:34 | 79 |
| 60 | 179 | Morczinek | Lars | Bundespolizei | TM35 | 15 | 02:51:36 | 00:32:14 | 60 | 01:34:25 | 70 | 00:44:57 | 40 |
| 61 | 172 | Schwalb | Reinhold | Bundespolizei | TM40 | 11 | 02:52:12 | 00:36:50 | 84 | 01:29:41 | 54 | 00:45:41 | 45 |
| 62 | 67 | Riedemann | Christoph | TSV Haldorf | TM35 | 16 | 02:52:22 | 00:33:01 | 64 | 01:34:06 | 69 | 00:45:15 | 43 |
| 63 | 57 | Schäfer | Jörg | TV Windecken | TM30 | 14 | 02:53:24 | 00:32:59 | 62 | 01:30:42 | 57 | 00:49:43 | 63 |
| 64 | 70 | Koch | Siegfried | TV Barchfeld | TM55 | 2 | 02:54:29 | 00:33:53 | 69 | 01:28:19 | 49 | 00:52:17 | 72 |
| 65 | 89 | Schwarz-Granzow | Anja | TV 03 Breitenbach | TW35 | 2 | 02:54:33 | 00:34:03 | 72 | 01:33:44 | 65 | 00:46:46 | 51 |
| 66 | 184 | Fabiunke | Dana | Bundespolizei | TW25 | 2 | 02:54:38 | 00:27:50 | 41 | 01:33:58 | 67 | 00:52:50 | 75 |
| 67 | 5 | Tarara | Torsten | SV Funball Dortel. | TM35 | 17 | 02:54:50 | 00:23:01 | 4 | 01:35:44 | 76 | 00:56:05 | 84 |
| 68 | 155 | Hage | Thomas | Bundespolizei | TM30 | 15 | 02:55:33 | 00:34:40 | 75 | 01:36:49 | 78 | 00:44:04 | 35 |
| 69 | 63 | Brackmann | Marco | FitCom Tri Team | TM40 | 12 | 02:56:04 | 00:35:39 | 79 | 01:30:49 | 59 | 00:49:36 | 61 |
| 70 | 25 | Reußwig | Bernd | TTV 02 Hasselroth | TM40 | 13 | 02:56:59 | 00:31:40 | 56 | 01:35:40 | 75 | 00:49:39 | 62 |
| 71 | 85 | Haus | Judith | | TW35 | 3 | 02:57:09 | 00:24:08 | 14 | 01:34:03 | 68 | 00:58:58 | 86 |
| 72 | 31 | Hoff | Axel | TV Windecken | TM40 | 14 | 02:57:32 | 00:29:13 | 50 | 01:34:46 | 71 | 00:53:33 | 78 |

| | | | | | | | | | | | | | |
|----|-----|------------|----------|-------------------|------|----|----------|----------|----|----------|----|----------|----|
| 73 | 84 | Pozimski | Monika | tvforst | TW25 | 3 | 02:58:02 | 00:33:00 | 63 | 01:35:09 | 73 | 00:49:53 | 64 |
| 74 | 186 | Wiesener | Petra | Bundespolizei | TW30 | 3 | 02:58:22 | 00:28:01 | 44 | 01:36:21 | 77 | 00:54:00 | 80 |
| 75 | 27 | Thomas | Michael | TV Haibach | TM40 | 15 | 02:59:21 | 00:34:39 | 74 | 01:33:06 | 63 | 00:51:36 | 68 |
| 76 | 47 | Hauptmann | Markus | | TM45 | 5 | 03:00:28 | 00:33:32 | 67 | 01:35:20 | 74 | 00:51:36 | 68 |
| 77 | 60 | Groß | Thomas | TSV 08 Maden | TM40 | 16 | 03:00:36 | 00:35:27 | 78 | 01:34:55 | 72 | 00:50:14 | 65 |
| 78 | 76 | Bierbrauer | Bernd | LG Kaufungen | TM50 | 1 | 03:00:42 | 00:37:37 | 86 | 01:31:15 | 61 | 00:51:50 | 70 |
| 79 | 75 | Klein | Wolfgang | | TM40 | 17 | 03:01:54 | 00:36:00 | 81 | 01:33:13 | 64 | 00:52:41 | 74 |
| 80 | 83 | Landau | Yasmina | Trianhas Arolsen | TW30 | 4 | 03:02:43 | 00:32:08 | 58 | 01:37:39 | 79 | 00:52:56 | 76 |
| 81 | 88 | Serr | Heidi | TG Tria Rüsselsh. | TW35 | 4 | 03:05:18 | 00:33:55 | 70 | 01:38:53 | 80 | 00:52:30 | 73 |
| 82 | 55 | Weintraut | Ingo | TV Windecken | TM45 | 6 | 03:08:25 | 00:35:56 | 80 | 01:42:54 | 82 | 00:49:35 | 60 |
| 83 | 51 | Schmidt | Lutz | | TM40 | 18 | 03:12:04 | 00:34:01 | 71 | 01:43:07 | 83 | 00:54:56 | 83 |
| 84 | 56 | Rippl | Walter | RSC Weiterstadt | TM60 | 1 | 03:16:10 | 00:36:01 | 82 | 01:45:44 | 84 | 00:54:25 | 81 |
| 85 | 77 | Mietz | Gerhard | SG Fronh./Lahn | TM55 | 3 | 03:23:20 | 00:42:05 | 87 | 01:46:24 | 85 | 00:54:51 | 82 |
| 86 | 157 | Schüler | Michael | Bundespolizei | TM30 | 16 | 03:33:53 | 00:33:49 | 68 | 02:03:16 | 87 | 00:56:48 | 85 |
| 87 | 169 | Wiegner | Matthias | Bundespolizei | TM40 | 19 | 03:36:21 | 00:36:34 | 83 | 01:59:48 | 86 | 00:59:59 | 87 |